

Hot Dog Comparison Chart

Product	Price per pkg	Ingredients	Claims	Serving Size	Servings per Container	Calories	Calories from Fat	Total Fat	Sat Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein
Applegate Farms the Great Organic Hot Dog	4.99	organic beef, water. Sea salt, organic spices, organic garlic powder, organic paprika, celery juice, organic onion, lactic acid starter culture (not from milk.	certified organic, no nitrites or nitrates added	56g	8/1lb	110	80	8g 12%	3g 15%	0	30mg 10%	330mg 14%	0	0	0	7g
Wellshire the premium beef frank		beef, water, salt, honey, natural spices.	all natural, no nitrites or nitrates, 40%less fat and 35%less calories	56g	8/1lb	110	80	9g 14%	3.5g 18%		75mg 26%	300mg 12%	0	0	0	8g
Niman Fearless Franks	6.99	niman ranch beef, non-fat dry milk, salt, mustard, paprika, onion, garlic, sodium phosphate, spices, sodium erythorbate, sodium nitrate.	beef raised without growth promoting antibiotics and hormones; quality cuts, no by products	115g	4/1lb	290	210	23g 35%	11g		75mg 26&	830mg 35&	3g 1%			18g
Organic Prairie Organic Uncured Beef Hot Dogs		beef, water, sodium lactate, sea salt, organic turbinado sugar, natural flavor, organic spices, organic onion powder, organic garlic powder, lactic acid starter culture		43g	7/12oz	120	100	11g 17%	4g 20%		25mg 8%	360mg 15%	0	0	0	5g
Ball Park Brand Beef Franks	3.79	beef, water, corn syrup, salt, potassium lactate, sodium phosphates, flavorings, sodium diacetate, ascorbic acid (vitamin C) sodium nitrite, extractives of paprika		58g	8/1lb	180	150	16g 25%	7g 33%		35mg12%	550mg 23%	3g 1%	0	2g	6g
Nathans Beef Franks	3.99	beef, water, salt, sorbitol, sodium lactate, hydrolyzed soy , corn and wheat gluten protein, paprika, natural flavorings, sodium diacetate, sodium phosphate, sodium erythorbate, sodium nitrate		57g	8/1lb	170	140	15g 23%	6g 31%		35mg 11%	470mg 20%	1g 0%	0	0	7g
Bar S Jumbo Franks Beef	2.79	beef, water, corn syrup, salt, potassium lactate, sodium diacetate, flavorings, sodium phosphates, sodium erythorbate, sodium nitrite	Sponsor Rusty Wallace NASCAR Busch Series Racing Team	56g	8/1lb	180	140	16g 25%	6g 30%		35mg 12%	600mg 25%	3g 1%	0	1g	7g
Hebrew National Beef Franks	3.99	beef, water, flavorings, garlic powder, hydrolyzed soy protein, paprika, potassium and sodium lactate, salt, sodium diacetate, sodium erythorbate, sodium nitrite, spices contains soy	Finest Kosher Quality since 1905 No By Products Artificial Colors or Flavor	49g	7/12oz	150	130	14g 22%	6g 30%		30mg 10%	420mg 18%	1g 0%	0	0	6g
Thumanns Beef Frankfurters	4.79	beef, water, flavorings, corn syrup, sodium phosphates, dextrose, natural smoked flavoring, sodium erythorbate, sodium nitrate	No MSG	45g	10/1lb	130	100	11g 17%	5g 27%		24mg 8%	410mg 17%	0	0	0	6g
Sabrett Beef Frankfurters	3.99	beef, water, salt, sorbitol flavorings, paprika, garlic powder, hickory smoke flavor, sodium erythorbate, sodium nitrate, nisin preparation		57g	8/1lb	170	140	15g 24%	6g 29%		20mg 7%	530mg 22%	1g 0%	0	0	7g
Oscar Mayer Beef Franks		beef, water, salt, corn syrup, dextrose, flavor, sodium lactate, hydrolyzed beef stock, sodium phosphates, autolyzed yeast, sodium diacetate, sodium erythorbate (made from sugar), sodium nitrite, extractives of paprika.	Quality Beef No Fillers	45g	10/1lb	140	120	13g 20%	6g 30%	1g	30mg 10%	460mg 19%	1g 0%	0	1g	5g
Coleman All Natural Uncured Beef HotDog	5.39	beef, water, sea salt, honey, evaporated cane juice, mustard, nutmeg, pepper, all-spice, ginger, paprika, onion powder, vegetable juice powder, lactic acid starter culture	All Natural, Antibiotic Free, No MSG, No Artificial ingredients, No preservatives, Hormone Free	56g	8/1lb	160	120	14g 22%	6g 30%		35mg 12%	320mg 13%	1g 0%	0	1g	6g